

**MINISTRY OF HEALTH  
DONETSK PEOPLE REPUBLIC**

**STATE EDUCATIONAL ORGANIZATION OF HIGHER PROFESSIONAL  
EDUCATION**

**DONETSK NATIONAL MEDICAL UNIVERSITY NAMED AFTER  
M. GORKY**

**DEPARTMENT OF MEDICAL BIOLOGY**

**DONETS MEDICAL COMPREHENSIVE  
LYCEUM-PRE-UNIVERSITY**

**III International scientific and practical  
online-conference**

**"TOWARDS A HEALTHY LIFESTYLE - ON START!"**

**timed to the World Health Day**

**(07.04.2023, Donetsk)**

## INFORMATION LETTER

On the III International Scientific and Practical online-Conference

"Towards a Healthy Lifestyle - START!" timed to the World Health Day

(07.04.2023, Donetsk)

The organizer of the Conference is the Department of Medical Biology and DMG Lyceum-Pre-university of the State Educational Organization of Higher Professional Education "Donetsk National Medical University named after M.Gorky" (Donetsk, Ukraine). M. Gorky Donetsk National Medical University" (further DONETSK NATIONAL MEDICAL UNIVERSITY NAMED AFTER M. GORKY ).

The aim of the Conference:

- Intellectual and creative development of young people through the organization of independent research work in various fields of knowledge;
- uniting the youth scientific communities of the near and far abroad countries, supporting the youth scientific projects, informing the public about the scientific achievements of young people;
- Public involvement in extensive research work on motivation and promotion of healthy lifestyles, disease prevention of the population through educational activities.

Objectives:

- Stimulating research in the field of healthy lifestyles by specialists of various specialties;
- Study and promotion of achievements in the field of healthy lifestyles, development of international cooperation in the area of health saving and preventive measures;
- fostering a conscious attitude to one's own health and the health of others, and development of students' interest in studying various aspects of healthy lifestyles;
- Formation the interest of the younger generation in the principles of healthy lifestyle;
- Involvement of students and teachers in exploratory, research activities in the field of healthy lifestyles as an effective factor of personal growth;

- Development of young people's research skills, ability to independently set and solve research problems, including in the context of the problems of healthy lifestyle;
- involvement the scientific and pedagogical potential of higher education to supervise the research work of schoolchildren;
- improving the system of continuous professional training of students according to the "school-high school" principle;
- popularization of scientific knowledge;
- public recognition of the results of students' and teachers' research activities;
- exchange of ideas, search for joint directions of research and strengthening of cooperation of educational, scientific and industrial organizations;
- Establishment of new contacts and involvement of young people in scientific search.

Sections are formed depending on the number of participants who submitted materials in time, but not later than 19.03.2023 The scientific program of the conference provides for: sectional meetings in online mode for participants on topical problems of thematic areas:

- Research aspects of educational activities on the formation of healthy lifestyles among young people (section for schoolchildren and high school students).
- Medical and social aspects of healthy lifestyle formation among young people (section for students and graduate students).
- Organizational and pedagogical conditions for the formation of healthy lifestyle skills among students (section for teachers).

Depending on the submissions, the name and number of sections may be changed. Additional sections may be introduced.

## **Procedure for submitting and formalizing works.**

Application forms (in the prescribed form) for participation in the Conference and materials are accepted by the Organizing Committee until March 19, 2023 (inclusive).

The text of the work in Russian should be e-mailed to the Organizing Committee in Word format according to the directions:

- Research aspects of educational activities on the formation of skills for healthy lifestyles among young people (section for schoolchildren and high school students): (address [nastart1@list.ru](mailto:nastart1@list.ru))

- Medical and social aspects of the formation of healthy lifestyle skills among young people (section for undergraduate and graduate students): ( address [nastart-2@list.ru](mailto:nastart-2@list.ru))

- Organizational and pedagogical conditions for the formation of healthy lifestyle skills in students (section for teachers): (address [nastart3@list.ru](mailto:nastart3@list.ru))

## **Requirements for the design of works:**

1. The font size - 14, font - Times New Roman; interval - 1,5; page width alignment, margins of 20 mm on all sides. **2 page!**

Tables and figures are not provided.

3. List of references is not attached.

4. Do not put hyphenations in words.

5. Name, organization, city, country, e-mail (see below the rules of registration)

The text of the thesis should be carefully proofread and edited. Authors are responsible for the content of the theses, for the accuracy of the facts, quotations, statistical and other data, names and other information given in the theses.

Materials that do not correspond to the subject of the conference, improperly

designed, can be rejected by the organizing committee. Maximum number of co-authors of theses - 4 people.

Rules of registration (Example 1):

I.I. Ivanov, P. Petrov

**TITLE OF WORK**

Organization

If there is a second organization, otherwise the figures are not necessary

Text of theses.Text of theses.Text of theses.Text of theses.Text of theses.Text of theses.Text of theses.Text of theses.Text of theses.Text of theses.Text of theses.

If there are subsections, use italics.

Rules of registration (an example 2):

V.B. Solovyov, M.T. Gengin.

**Peptidyl-dipeptidase A activity in the blood serum of patients with Alzheimer's disease**

Penza State University, Penza, Russia

solowew@rambler.ru

We studied the activity of peptidyl dipeptidase A (3.4.15.1) and carboxypeptidase N (3.4.17.3) - enzymes of regulatory peptide metabolism in patients with Alzheimer's disease. The role of these enzymes in the metabolism of regulatory peptides and  $\beta$ -amyloid peptide in Alzheimer's disease is discussed.

Text of theses. Text of theses .Text of theses.Text of theses .Text of theses.Text of theses.Text of theses.Text of theses. Text of theses. Text of theses.Text of theses.

## **Requirements for submitting the work to the Conference**

It is planned that the best papers from submitted works will be selected for the on-line presentation (within 5 minutes) with the use of presentation (in Power Point format) and answers to questions (within 5 minutes) on the basis of the remote platform (participants will be informed in advance). Presentations are sent by participants within three days after receiving an individual invitation by e-mail from the section moderator in case the work passes the selection and will be presented for defense online.

## **Date and Place of the Conference**

The Conference will be held on April 7, 2023 on the online platform. Information about access will be posted on information platforms a few days before the start of the conference

## **Contact Information:**

Conference Coordinator:

+7949-489-70-41,

e-mail: [ecology\\_health@list.ru](mailto:ecology_health@list.ru)

Anna Petrovna Zhizhko

## **Secretaries in charge:**

- e-mail: [nastart1@list.ru](mailto:nastart1@list.ru)

(Section 1: "Research aspects of educational activities to promote healthy lifestyles among youth", section for students and high school students)

- [nastart-2@list.ru](mailto:nastart-2@list.ru)

(Section 2: "Medical and Social Aspects of the Formation of Healthy Lifestyle among Youth", section for students and postgraduates)

- address [nastart3@list.ru](mailto:nastart3@list.ru)

(Section 3: "Organizational and pedagogical conditions for the formation of healthy lifestyles among students", section for teachers)

### **Remote information platforms:**

**VKontakte Group: <https://vk.com/nastartkzog>**

### **Summing up the results**

The results of the Conference are summed up by the Organizing Committee.

All participants receive an electronic version of the collection of materials and a certificate of participation in the Conference.

By the decision of the Organizing Committee, individual participants can be awarded with incentive diplomas.

### **Financing of the Conference**

Participation in the Conference is free of charge, with placement in the RSCI database, it provides electronic versions of the participants' theses collection and an electronic certificate of participation

Appendix №1

## **PARTICIPANT REGISTRATION CARD**

(for students)

Registration card of the participant is subject to compulsory completion and is sent electronically together with the thesis by e-mail.

Registration card of the participant(s)	Information about the author
Full name of the author and co-authors (if any)	
Place of study with class indicated, full name of the place of study, address	
E-mail	
Mobile phone number	
Theses title	
Name of section	

### **PARTICIPANT REGISTRATION CARD**

(for teachers, tutors, psychologists, heads of general education schools, pre-school educational institutions, institutions of additional education, institutions of secondary and higher professional education, researchers, graduate students, doctoral students, applicants, students of universities).

Registration card of the participant is subject to compulsory completion and is sent electronically together with the thesis by e-mail.

Registration card of the participant(s)	Information about the author
Full name of the author and co-authors (if any)	
Place of study (work), full name of the place of study (work), address	
E-mail	
Mobile phone number	
Theses title	
Name of section	



**Key dates:**

March 19, 2023 - the end of receiving materials

05.04.2023 - information about the Conference on the online platform at:  
<https://vk.com/nastartkzog>

05.04.2023 - publication of the Conference Program.

07.04.2023 - the beginning of the Conference.

Information: <https://vk.com/nastartkzog>

**The Organizing Committee would like to thank you for distribution of this information to the authors interested in publication of scientific researches.**

**THANK YOU FOR YOUR PARTICIPATION!**